

Daily Home Symptom Check, 'What do I do if I'm sick?', 'What do I do if I've been exposed outside of school?', 'What happens when COVID-19 is at school?'

SECTION 1: Symptom Check: MMCA Parents: Please complete this short checklist **EACH DAY** before bringing your child to school. If your child has any of the following symptoms, that indicates a possible illness that may decrease the student's ability to learn and also put them at risk for spreading illness to others. Please check your child for these symptoms:

<input type="checkbox"/>	Temperature 100.4 degrees Fahrenheit or higher when taken by mouth
<input type="checkbox"/>	Sudden loss of taste and / or smell
<input type="checkbox"/>	New uncontrolled cough that causes difficulty breathing (for students with chronic allergic / asthmatic cough, a change in their cough from baseline)
<input type="checkbox"/>	Diarrhea, vomiting, or abdominal pain
<input type="checkbox"/>	New onset of severe headache, especially with a fever

SECTION 2: Close Contact / Potential Exposure

<input type="checkbox"/>	Had recent close contact (within 6 feet of an infected person for at least 15 minutes) with a confirmed positive COVID-19 person
<input type="checkbox"/>	Traveled to an area where the local health department is reporting large numbers of COVID-19
<input type="checkbox"/>	Live in an area of high community transmission (a "Purple" area on the California Reopening Framework)

SECTION 3: Return-to-School Policy During COVID-19

If the student / parent / caregiver answers **YES** to any question in Section 1 but **NO** to each question in Section 2, the student will be excused from school until they are **symptom-free** for **at least 24 hours without fever reducing medications**.

If the student or parent or caregiver answers **YES** to any question in Section 1 and **YES** to any question in Section 2, the student should be referred for evaluation by their healthcare provider for possible COVID-19 testing. If a family does not have a primary care doctor, MMCA can refer the student to the County's OptumServe COVID-19 testing site. If the family has no insurance, they may be referred to a PCOE testing site.

- **For students who test "positive" for COVID-19, they may return to school when it's been:**
 - 10 days since symptoms first appeared **and**
 - At least **24 hours** with no fever without the use of fever-reducing medications **and**
 - Other symptoms* of COVID-19 have resolved (*note: loss of taste / smell may linger for months; other symptoms should be resolved before return to school*)
- **For students who test "negative" for COVID-19:** Students may return to school when they are **symptom-free** for **at least 24 hours without fever reducing medications**.

SECTION 4: What happens if someone at school gets COVID-19?

If we learn that a student or staff member has COVID-19, we will:

- First determine if there were any students or staff members that had “sustained close contact” with the student / staff person (**“sustained close contact”** is defined as being less than 6’ from someone for more than 15 minutes).
 - If there was someone(s) who had “sustained close contact”, we will ask those persons to go into quarantine for **14 days** with the start date being based on the day they were last in ‘close contact.’
- If we have multiple persons from the same classroom grouping test positive, or if more than half the class was in ‘sustained close contact’ with the COVID-19 positive person, we will **place this class into DISTANCE LEARNING FOR 14 days.**
- If we have multiple persons from the same grade level grouping test positive, **we will place the grade level grouping into DISTANCE LEARNING FOR 14 days.**
- If at any time we have more than **5%** of our school community testing positive for COVID-19, **we will place the entire school into DISTANCE LEARNING FOR 14 days.**

SECTION 5: What happens if a student learns they were in ‘sustained close contact’ with someone with COVID-19 outside of school?

- We will ask the student to quarantine at home for 14 days since the date of the ‘sustained’ close contact’.
- We will suggest that the student get tested for COVID-19 through either their primary care physician or the Placer County OptumServe Testing site.

SECTION 6: What happens if a student gets sick at school?

- If a student suddenly displays multiple possible COVID-19 symptoms and / or has a fever exceeding 100.4 degrees, we will send the student to the Front Office Conference Room to isolate with a mask on (regardless of age) until the student can be picked up by their parents or legal guardians.